



NK Middle Distance Kootwijkerzand 22-01-23

Kootwijkerzand 22.1.2023

argus

Grégoire BENA

ANCO

Omloop : H21

Afstand : 6630m

Tijd : 1:04:59 (9'48"/km)

--/18

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|---------------------|---------|
| 1. Roland VAN LOON | 0:43:50 |
| 2. Rik TENSEN | 0:45:27 |
| 3. Remco HEREIJGERS | 0:50:49 |

1.	76	00:02:05		163m	12'47"/km
2.	49	00:00:57	00:03:02	144m	6'36"/km
3.	48	00:01:35	00:04:37	228m	6'57"/km
4.	53	00:03:12	00:07:49	343m	9'20"/km
5.	52	00:01:35	00:09:24	164m	9'39"/km
6.	62	00:06:56	00:16:20	332m	20'53"/km
7.	56	00:07:56	00:24:16	738m	10'45"/km
8.	39	00:01:50	00:26:06	292m	6'17"/km
9.	50	00:02:08	00:28:14	395m	5'24"/km
10.	59	00:02:46	00:31:00	427m	6'29"/km
11.	54	00:01:42	00:32:42	302m	5'38"/km
12.	55	00:05:15	00:37:57	140m	37'30"/km
13.	67	00:05:03	00:43:00	214m	23'36"/km
14.	75	00:03:21	00:46:21	300m	11'10"/km
15.	57	00:00:39	00:47:00	109m	5'58"/km
16.	60	00:01:37	00:48:37	223m	7'15"/km
17.	72	00:01:14	00:49:51	235m	5'15"/km
18.	41	00:01:51	00:51:42	318m	5'49"/km
19.	69	00:01:38	00:53:20	267m	6'07"/km
20.	68	00:00:48	00:54:08	109m	7'20"/km
21.	37	00:02:30	00:56:38	263m	9'30"/km
22.	71	00:04:23	01:01:01	234m	18'44"/km
23.	78	00:01:52	01:02:53	239m	7'49"/km
24.	66	00:01:29	01:04:22	281m	5'17"/km
25.	999	00:00:37	01:04:59	93m	6'38"/km

Orienteering Software