



Regionale Lilse bergen

LILLE 15.1.2023

K.O.L.

Alexander MAES

hamok

Omloop : H:05

Afstand : 2980m

Tijd : 1:18:36 (26'23"/km)

22/23

O.K.

[Volledige uitslagen op Webres](#)

1. Luc HEUNINCKX	0:30:51
2. Ivo TIMMERMANS	0:34:14
3. Rogier VANAKEN	0:35:52

1.	135	00:08:00		229m	34'56"/km
2.	170	00:13:22	00:21:22	217m	61'36"/km
3.	117	00:06:41	00:28:03	159m	42'02"/km
4.	107	00:02:08	00:30:11	242m	8'49"/km
5.	172	00:05:53	00:36:04	236m	24'56"/km
6.	141	00:02:26	00:38:30	155m	15'42"/km
7.	118	00:02:37	00:41:07	261m	10'02"/km
8.	119	00:06:43	00:47:50	325m	20'40"/km
9.	132	00:04:10	00:52:00	388m	10'44"/km
10.	103	00:01:46	00:53:46	97m	18'13"/km
11.	125	00:03:02	00:56:48	131m	23'09"/km
12.	124	00:16:00	01:12:48	175m	91'26"/km
13.	122	00:02:14	01:15:02	123m	18'09"/km
14.	123	00:02:36	01:17:38	135m	19'16"/km
15.	999	00:00:58	01:18:36	103m	9'23"/km

Orienteering Software