



Regionale Lilse bergen

LILLE 15.1.2023

K.O.L.

Jan VAN HEES

K.O.L.

Omloop : H:05

Afstand : 2980m

Tijd : 1:12:38 (24'22"/km)

20/23

O.K.

[Volledige uitslagen op Webres](#)

1. Luc HEUNINCKX	0:30:51
2. Ivo TIMMERMANS	0:34:14
3. Rogier VANAKEN	0:35:52

1.	135	00:05:38		229m	24'36"/km
2.	170	00:06:53	00:12:31	217m	31'43"/km
3.	117	00:03:10	00:15:41	159m	19'55"/km
4.	107	00:04:16	00:19:57	242m	17'38"/km
5.	172	00:07:09	00:27:06	236m	30'18"/km
6.	141	00:04:19	00:31:25	155m	27'51"/km
7.	118	00:03:42	00:35:07	261m	14'11"/km
8.	119	00:06:12	00:41:19	325m	19'05"/km
9.	132	00:06:23	00:47:42	388m	16'27"/km
10.	103	00:02:51	00:50:33	97m	29'23"/km
11.	125	00:05:37	00:56:10	131m	42'53"/km
12.	124	00:07:12	01:03:22	175m	41'09"/km
13.	122	00:02:52	01:06:14	123m	23'18"/km
14.	123	00:04:46	01:11:00	135m	35'19"/km
15.	999	00:01:38	01:12:38	103m	15'51"/km

Orienteering Software