



Regionale Lilse bergen

LILLE 15.1.2023

K.O.L.

Michel OOMS

Omega

Omloop : H:05

Afstand : 2980m

Tijd : 1:06:37 (22'21"/km)

18/23

O.K.

[Volledige uitslagen op Webres](#)

1. Luc HEUNINCKX	0:30:51
2. Ivo TIMMERMANS	0:34:14
3. Rogier VANAKEN	0:35:52

1.	135	00:05:15		229m	22'56"/km
2.	170	00:19:06	00:24:21	217m	88'01"/km
3.	117	00:02:18	00:26:39	159m	14'28"/km
4.	107	00:03:09	00:29:48	242m	13'01"/km
5.	172	00:04:10	00:33:58	236m	17'39"/km
6.	141	00:02:48	00:36:46	155m	18'04"/km
7.	118	00:02:54	00:39:40	261m	11'07"/km
8.	119	00:04:05	00:43:45	325m	12'34"/km
9.	132	00:05:05	00:48:50	388m	13'06"/km
10.	103	00:02:07	00:50:57	97m	21'49"/km
11.	125	00:04:02	00:54:59	131m	30'47"/km
12.	124	00:05:36	01:00:35	175m	32'00"/km
13.	122	00:02:17	01:02:52	123m	18'34"/km
14.	123	00:02:06	01:04:58	135m	15'33"/km
15.	999	00:01:39	01:06:37	103m	16'01"/km

Orienteering Software