



Regionale Lilse bergen

LILLE 15.1.2023

K.O.L.

Alex COURSIER

TROL

Omloop : H:05

Afstand : 2980m

Tijd : 0:58:23 (19'36"/km)

16/23

O.K.

[Volledige uitslagen op Webres](#)

1. Luc HEUNINCKX	0:30:51
2. Ivo TIMMERMANS	0:34:14
3. Rogier VANAKEN	0:35:52

1.	135	00:06:11		229m	27'00"/km
2.	170	00:05:41	00:11:52	217m	26'11"/km
3.	117	00:02:14	00:14:06	159m	14'03"/km
4.	107	00:03:18	00:17:24	242m	13'38"/km
5.	172	00:03:56	00:21:20	236m	16'40"/km
6.	141	00:04:03	00:25:23	155m	26'08"/km
7.	118	00:03:10	00:28:33	261m	12'08"/km
8.	119	00:05:42	00:34:15	325m	17'32"/km
9.	132	00:07:32	00:41:47	388m	19'25"/km
10.	103	00:01:57	00:43:44	97m	20'06"/km
11.	125	00:03:19	00:47:03	131m	25'19"/km
12.	124	00:05:14	00:52:17	175m	29'54"/km
13.	122	00:02:13	00:54:30	123m	18'01"/km
14.	123	00:02:03	00:56:33	135m	15'11"/km
15.	999	00:01:50	00:58:23	103m	17'48"/km

Orienteering Software