



Regionale Lilse bergen

LILLE 15.1.2023

K.O.L.

Raf MAES

hamok

Omloop : H:02

Afstand : 7380m

Tijd : 1:33:06 (12'37"/km)

19/22

O.K.

[Volledige uitslagen op Webres](#)

1. Dirk GOOSSENS	0:55:44
2. Luc MELIS	1:02:28
3. Roel SMOLDERS	1:02:31

1.	120	00:04:31		387m	11'40"/km
2.	124	00:01:27	00:05:58	110m	13'11"/km
3.	102	00:01:57	00:07:55	118m	16'32"/km
4.	103	00:02:42	00:10:37	285m	9'28"/km
5.	146	00:02:56	00:13:33	423m	6'56"/km
6.	147	00:02:04	00:15:37	170m	12'09"/km
7.	117	00:02:53	00:18:30	278m	10'22"/km
8.	156	00:02:34	00:21:04	369m	6'57"/km
9.	104	00:02:00	00:23:04	250m	8'00"/km
10.	127	00:18:13	00:41:17	535m	34'03"/km
11.	114	00:02:33	00:43:50	350m	7'17"/km
12.	106	00:02:59	00:46:49	302m	9'53"/km
13.	161	00:03:40	00:50:29	313m	11'43"/km
14.	157	00:03:03	00:53:32	405m	7'32"/km
15.	148	00:03:42	00:57:14	455m	8'08"/km
16.	109	00:04:05	01:01:19	244m	16'44"/km
17.	154	00:02:25	01:03:44	212m	11'24"/km
18.	152	00:10:03	01:13:47	363m	27'41"/km
19.	172	00:04:36	01:18:23	347m	13'15"/km
20.	141	00:01:37	01:20:00	155m	10'26"/km
21.	118	00:01:44	01:21:44	261m	6'38"/km
22.	153	00:06:01	01:27:45	705m	8'32"/km
23.	162	00:03:39	01:31:24	170m	21'28"/km
24.	999	00:01:42	01:33:06	178m	9'33"/km

Orienteering Software