Regionale Lilse bergen
LILLE 15.1.2023
K.O.L.

Marijke DEBRUYNE
hamok
Omloop : D:04
Afstand : 4110m
Tijd : 0:52:26 (12'45"/km)

10/21 O.K.

Volledige uitslagen op Webres

1.	Linda VERBRAKEN	0:37:35
2.	Betty DE MEYER	0:43:34
3.	Els SPILLEBEEN	0:44:47

1.	131	00:03:37		415m	8'43"/km
2.	103	00:02:03	*00:05:40*	178m	11'31"/km
3.	133	00:02:32	*00:08:12*	227m	11'10"/km
4.	102	00:02:53	*00:11:05*	145m	19'53"/km
5.	124	00:02:35	*00:13:40*	118m	21'54"/km
6.	120	00:01:28	*00:15:08*	110m	13'20"/km
7.	147	00:04:54	*00:20:02*	461m	10'38"/km
8.	117	00:03:44	*00:23:46*	278m	13'26"/km
9.	156	00:04:25	*00:28:11*	369m	11'58"/km
10.	145	00:02:42	*00:30:53*	235m	11'29"/km
11.	113	00:06:59	*00:37:52*	308m	22'40"/km
12.	155	00:04:23	*00:42:15*	310m	14'08"/km
13.	146	00:02:59	*00:45:14*	284m	10'30"/km
14.	122	00:04:27	*00:49:41*	435m	10'14"/km
15.	123	00:01:38	*00:51:19*	135m	12'06"/km
16.	999	00:01:07	*00:52:26*	103m	10'50"/km

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