



Regionale Lilse bergen

LILLE 15.1.2023

K.O.L.

Els PUT

Omega

Omloop : D:04

Afstand : 4110m

Tijd : 0:45:36 (11'06"/km)

4/21

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|--------------------|---------|
| 1. Linda VERBRAKEN | 0:37:35 |
| 2. Betty DE MEYER | 0:43:34 |
| 3. Els SPILLEBEEN | 0:44:47 |

1.	131	00:03:28		415m	8'21"/km
2.	103	00:01:53	00:05:21	178m	10'35"/km
3.	133	00:02:16	00:07:37	227m	9'59"/km
4.	102	00:01:43	00:09:20	145m	11'50"/km
5.	124	00:01:59	00:11:19	118m	16'48"/km
6.	120	00:01:22	00:12:41	110m	12'25"/km
7.	147	00:04:46	00:17:27	461m	10'20"/km
8.	117	00:02:59	00:20:26	278m	10'44"/km
9.	156	00:05:54	00:26:20	369m	15'59"/km
10.	145	00:02:14	00:28:34	235m	9'30"/km
11.	113	00:03:17	00:31:51	308m	10'40"/km
12.	155	00:04:38	00:36:29	310m	14'57"/km
13.	146	00:02:41	00:39:10	284m	9'27"/km
14.	122	00:03:58	00:43:08	435m	9'07"/km
15.	123	00:01:30	00:44:38	135m	11'07"/km
16.	999	00:00:58	00:45:36	103m	9'23"/km

Orienteering Software