

Régionale 9 couleurs

Anthismes - Comblain 8.1.2023

Hermathenae

Guido LENGES

OLV Eifel

Circuit : H:Noir long

Distance : 8850m (Dénivelé 345m)

Temps : 1:15:17 (8'30"/km)

2/20

O.K.

[Résultats complets sur Webres](#)

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|-----------------------|---------|
| 1. Christophe BERNARD | 1:05:21 |
| 2. Arnaud MAZY | 1:15:17 |

1.	118	00:04:14		468m	9'03"/km
2.	117	00:01:59	00:06:13	240m	8'16"/km
3.	93	00:02:28	00:08:41	300m	8'13"/km
4.	116	00:01:10	00:09:51	227m	5'08"/km
5.	107	00:03:40	00:13:31	453m	8'06"/km
6.	108	00:02:25	00:15:56	289m	8'22"/km
7.	97	00:07:15	00:23:11	1015m	7'09"/km
8.	112	00:01:06	00:24:17	98m	11'13"/km
9.	96	00:01:46	00:26:03	218m	8'06"/km
10.	104	00:05:51	00:31:54	643m	9'06"/km
11.	95	00:01:17	00:33:11	175m	7'20"/km
12.	109	00:01:43	00:34:54	191m	8'59"/km
13.	110	00:02:54	00:37:48	262m	11'04"/km
14.	115	00:00:22	00:38:10	67m	5'28"/km
15.	111	00:00:48	00:38:58	112m	7'09"/km
16.	98	00:04:12	00:43:10	488m	8'36"/km
17.	59	00:01:23	00:44:33	150m	9'13"/km
18.	99	00:06:18	00:50:51	460m	13'42"/km
19.	62	00:00:39	00:51:30	92m	7'04"/km
20.	100	00:01:25	00:52:55	197m	7'11"/km
21.	114	00:01:36	00:54:31	174m	9'12"/km
22.	101	00:04:01	00:58:32	529m	7'36"/km
23.	122	00:02:20	01:00:52	399m	5'51"/km
24.	121	00:00:53	01:01:45	114m	7'45"/km
25.	120	00:01:04	01:02:49	99m	10'46"/km
26.	119	00:03:24	01:06:13	388m	8'46"/km
27.	103	00:04:06	01:10:19	330m	12'25"/km
28.	123	00:02:52	01:13:11	386m	7'26"/km
29.	59	00:01:21	01:14:32	167m	8'05"/km
30.	999	00:00:45	01:15:17	95m	7'54"/km