

Régionale 9 couleurs

Anthismes - Comblain 8.1.2023

Hermathenae

Arnaud MAZY

CO Liège

Circuit : H:Noir long

Distance : 8850m (Dénivelé 345m)

Temps : 1:15:17 (8'30"/km)

2/20

O.K.

[Résultats complets sur Webres](#)

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|-----------------------|---------|
| 1. Christophe BERNARD | 1:05:21 |
| 2. Guido LENGES | 1:15:17 |

1.	118	00:04:18		468m	9'11"/km
2.	117	00:02:05	00:06:23	240m	8'41"/km
3.	93	00:02:04	00:08:27	300m	6'53"/km
4.	116	00:01:35	00:10:02	227m	6'59"/km
5.	107	00:03:57	00:13:59	453m	8'43"/km
6.	108	00:02:17	00:16:16	289m	7'54"/km
7.	97	00:07:31	00:23:47	1015m	7'24"/km
8.	112	00:00:59	00:24:46	98m	10'02"/km
9.	96	00:01:59	00:26:45	218m	9'06"/km
10.	104	00:06:01	00:32:46	643m	9'21"/km
11.	95	00:01:33	00:34:19	175m	8'51"/km
12.	109	00:02:23	00:36:42	191m	12'29"/km
13.	110	00:02:21	00:39:03	262m	8'58"/km
14.	115	00:00:30	00:39:33	67m	7'28"/km
15.	111	00:00:48	00:40:21	112m	7'09"/km
16.	98	00:04:08	00:44:29	488m	8'28"/km
17.	59	00:01:41	00:46:10	150m	11'13"/km
18.	99	00:03:33	00:49:43	460m	7'43"/km
19.	62	00:00:37	00:50:20	92m	6'42"/km
20.	100	00:01:37	00:51:57	197m	8'12"/km
21.	114	00:01:38	00:53:35	174m	9'23"/km
22.	101	00:04:20	00:57:55	529m	8'11"/km
23.	122	00:02:35	01:00:30	399m	6'28"/km
24.	121	00:01:31	01:02:01	114m	13'18"/km
25.	120	00:01:07	01:03:08	99m	11'17"/km
26.	119	00:03:15	01:06:23	388m	8'23"/km
27.	103	00:03:37	01:10:00	330m	10'58"/km
28.	123	00:03:27	01:13:27	386m	8'56"/km
29.	59	00:01:13	01:14:40	167m	7'17"/km
30.	999	00:00:37	01:15:17	95m	6'29"/km