



## SYLVESTER 5 DAYS 2022 - Day 5

Solterheide 30.12.2022

Omega

**Mia KINNAER**

Omega

Omloop : D55

Afstand : 3990m

Tijd : 0:52:33 (13'10"/km) [Punten : 619]

**6/16**

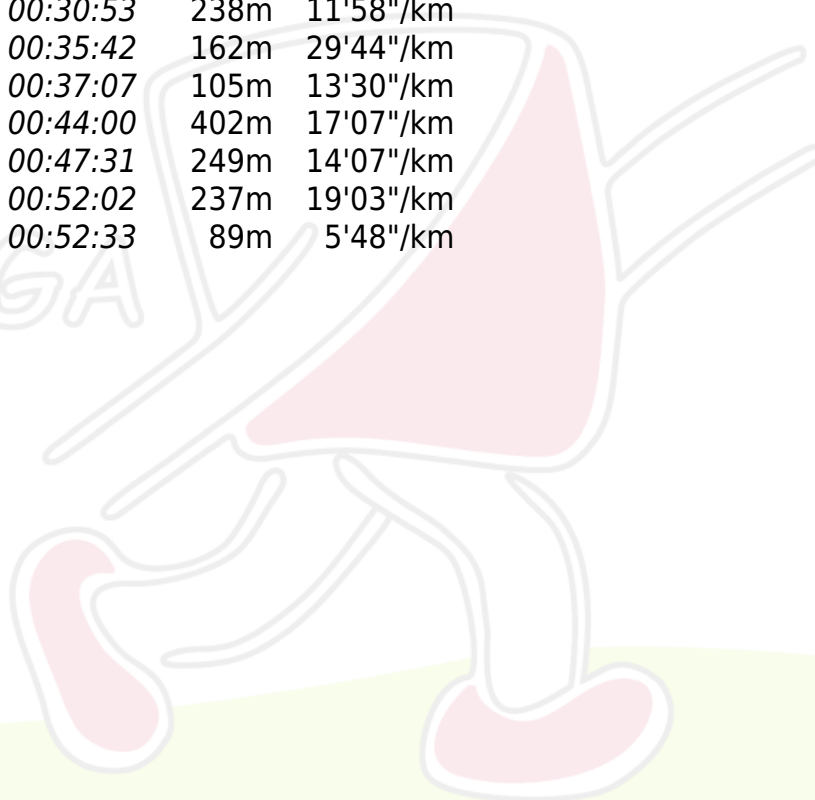
O.K.

[Volledige uitslagen op Webres](#)

|                    |                |
|--------------------|----------------|
| 1. Marie MORLON    | 0:32:33 [1000] |
| 2. Ulla MOILANEN   | 0:47:53 [680]  |
| 3. Kristel PALMANS | 0:49:42 [655]  |

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 136 | 00:05:13 |          | 437m | 11'56"/km |
| 2.  | 163 | 00:03:01 | 00:08:14 | 166m | 18'10"/km |
| 3.  | 164 | 00:02:39 | 00:10:53 | 209m | 12'41"/km |
| 4.  | 141 | 00:03:24 | 00:14:17 | 386m | 8'48"/km  |
| 5.  | 159 | 00:06:54 | 00:21:11 | 699m | 9'52"/km  |
| 6.  | 161 | 00:01:57 | 00:23:08 | 182m | 10'43"/km |
| 7.  | 154 | 00:04:54 | 00:28:02 | 428m | 11'27"/km |
| 8.  | 155 | 00:02:51 | 00:30:53 | 238m | 11'58"/km |
| 9.  | 143 | 00:04:49 | 00:35:42 | 162m | 29'44"/km |
| 10. | 142 | 00:01:25 | 00:37:07 | 105m | 13'30"/km |
| 11. | 157 | 00:06:53 | 00:44:00 | 402m | 17'07"/km |
| 12. | 151 | 00:03:31 | 00:47:31 | 249m | 14'07"/km |
| 13. | 200 | 00:04:31 | 00:52:02 | 237m | 19'03"/km |
| 14. | 999 | 00:00:31 | 00:52:33 | 89m  | 5'48"/km  |

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