SYLVESTER 5 DAYS 2022 - Day 5
Solterheide 30.12.2022
Omega

Natalie BEENAERTS
Omega
Omloop : D50
Afstand : 4000m
Tijd : 1:12:52 (18'13"/km) [Punten : 617]

10/13 O.K.

Volledige uitslagen op Webres

1. Silvia SCHNEIDER-SCHIESS 0:44:57 [1000]
2. Annamari TIITOLA-SAVILAHTI 0:46:16 [972]
3. Els SPILLEBEEN 0:49:35 [907]

1.	132	00:04:17		264m	16'13"/km
2.	133	00:02:17	*00:06:34*	118m	19'21"/km
3.	163	00:03:28	*00:10:02*	246m	14'06"/km
4.	158	00:04:55	*00:14:57*	394m	12'29"/km
5.	143	00:04:48	*00:19:45*	413m	11'37"/km
6.	159	00:10:21	*00:30:06*	453m	22'51"/km
7.	161	00:01:54	*00:32:00*	182m	10'26"/km
8.	147	00:08:59	*00:40:59*	529m	16'59"/km
9.	145	00:02:56	*00:43:55*	185m	15'51"/km
10.	146	00:03:35	*00:47:30*	160m	22'24"/km
11.	148	00:03:18	*00:50:48*	206m	16'01"/km
12.	153	00:14:31	*01:05:19*	397m	36'34"/km
13.	151	00:02:16	*01:07:35*	125m	18'08"/km
14.	200	00:04:38	*01:12:13*	237m	19'33"/km
15.	999	00:00:39	*01:12:52*	89m	7'18"/km

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