



SYLVESTER 5 DAYS 2022 - Day 5

Solterheide 30.12.2022

Omega

Lies PROVOOST

Omega

Omloop : D40

Afstand : 5080m

Tijd : 1:15:25 (14'51"/km) [Punten : 656]

10/13

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|---------------------|----------------|
| 1. Lieke VAN OPSTAL | 0:49:29 [1000] |
| 2. Ellen MOLS | 0:53:55 [918] |
| 3. Ieva GODINA | 0:54:26 [909] |

1.	135	00:05:29		427m	12'50"/km
2.	141	00:05:45	00:11:14	483m	11'54"/km
3.	143	00:10:58	00:22:12	360m	30'28"/km
4.	155	00:04:59	00:27:11	162m	30'46"/km
5.	159	00:03:32	00:30:43	327m	10'48"/km
6.	177	00:03:18	00:34:01	346m	9'32"/km
7.	156	00:04:56	00:38:57	493m	10'00"/km
8.	161	00:03:44	00:42:41	378m	9'53"/km
9.	154	00:05:57	00:48:38	428m	13'54"/km
10.	147	00:01:45	00:50:23	116m	15'05"/km
11.	145	00:04:00	00:54:23	185m	21'37"/km
12.	146	00:04:22	00:58:45	160m	27'17"/km
13.	148	00:03:10	01:01:55	206m	15'22"/km
14.	149	00:01:29	01:03:24	104m	14'16"/km
15.	157	00:02:58	01:06:22	261m	11'22"/km
16.	152	00:03:25	01:09:47	226m	15'07"/km
17.	200	00:05:02	01:14:49	324m	15'32"/km
18.	999	00:00:36	01:15:25	89m	6'44"/km

Orienteering Software