



SYLVESTER 5 DAYS 2022 - Day 4

Masy Zuid 29.12.2022

K.O.L.

Sonja NIJS

Omega

Omloop : MM

Afstand : 5340m

Tijd : 1:25:03 (15'56"/km)

20/24

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|----------------------------|---------|
| 1. Tomy JANSSENS | 0:29:44 |
| 2. Merlijn VAN RUMST | 0:30:47 |
| 3. Pierre-Emmanuel DEMEUSE | 0:37:37 |

1.	143	00:04:06		358m	11'27"/km
2.	149	00:03:29	00:07:35	326m	10'41"/km
3.	155	00:03:24	00:10:59	305m	11'09"/km
4.	156	00:02:13	00:13:12	162m	13'41"/km
5.	157	00:02:34	00:15:46	234m	10'58"/km
6.	160	00:03:38	00:19:24	299m	12'09"/km
7.	158	00:13:43	00:33:07	345m	39'46"/km
8.	163	00:04:29	00:37:36	379m	11'50"/km
9.	168	00:03:32	00:41:08	139m	25'25"/km
10.	165	00:02:37	00:43:45	244m	10'43"/km
11.	111	00:05:21	00:49:06	427m	12'32"/km
12.	107	00:11:22	01:00:28	334m	34'02"/km
13.	116	00:04:04	01:04:32	339m	12'00"/km
14.	118	00:06:47	01:11:19	177m	38'19"/km
15.	119	00:03:03	01:14:22	208m	14'40"/km
16.	134	00:04:18	01:18:40	374m	11'30"/km
17.	126	00:01:52	01:20:32	136m	13'44"/km
18.	132	00:03:05	01:23:37	295m	10'27"/km
19.	220	00:00:57	01:24:34	129m	7'22"/km
20.	999	00:00:29	01:25:03	87m	5'33"/km

Orienteering Software