



# SYLVESTER 5 DAYS 2022 - Day 4

Masy Zuid 29.12.2022

K.O.L.

**Toon MELIS**

hamok

Omloop : LD

Afstand : 7410m

Tijd : 0:54:24 (7'20"/km)

**20/42**

O.K.

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- |                    |         |
|--------------------|---------|
| 1. Liam THIELS     | 0:34:27 |
| 2. Sam DEFERM      | 0:39:22 |
| 3. Fabien PASQUASY | 0:40:33 |

|     |     |                   |      |           |
|-----|-----|-------------------|------|-----------|
| 1.  | 148 | 00:03:04          | 432m | 7'06"/km  |
| 2.  | 147 | 00:00:59 00:04:03 | 175m | 5'37"/km  |
| 3.  | 159 | 00:02:27 00:06:30 | 386m | 6'21"/km  |
| 4.  | 169 | 00:01:53 00:08:23 | 267m | 7'03"/km  |
| 5.  | 162 | 00:02:40 00:11:03 | 414m | 6'26"/km  |
| 6.  | 111 | 00:01:28 00:12:31 | 197m | 7'27"/km  |
| 7.  | 102 | 00:03:51 00:16:22 | 279m | 13'48"/km |
| 8.  | 103 | 00:01:03 00:17:25 | 174m | 6'02"/km  |
| 9.  | 156 | 00:04:40 00:22:05 | 527m | 8'51"/km  |
| 10. | 170 | 00:02:30 00:24:35 | 364m | 6'52"/km  |
| 11. | 120 | 00:02:35 00:27:10 | 405m | 6'23"/km  |
| 12. | 119 | 00:01:41 00:28:51 | 226m | 7'27"/km  |
| 13. | 118 | 00:01:26 00:30:17 | 208m | 6'53"/km  |
| 14. | 105 | 00:04:14 00:34:31 | 618m | 6'51"/km  |
| 15. | 109 | 00:03:21 00:37:52 | 306m | 10'57"/km |
| 16. | 115 | 00:02:36 00:40:28 | 368m | 7'04"/km  |
| 17. | 165 | 00:05:11 00:45:39 | 601m | 8'37"/km  |
| 18. | 155 | 00:02:18 00:47:57 | 384m | 5'59"/km  |
| 19. | 136 | 00:02:35 00:50:32 | 382m | 6'46"/km  |
| 20. | 131 | 00:01:51 00:52:23 | 304m | 6'05"/km  |
| 21. | 220 | 00:01:39 00:54:02 | 260m | 6'21"/km  |
| 22. | 999 | 00:00:22 00:54:24 | 87m  | 4'13"/km  |

Orienteering Software