



SYLVESTER 5 DAYS 2022 - Day 4

Masy Zuid 29.12.2022

K.O.L.

Dirk ZWIKKER

TROL

Omloop : H75

Afstand : 3090m

Tijd : 0:34:45 (11'15"/km) [Punten : 872]

6/13

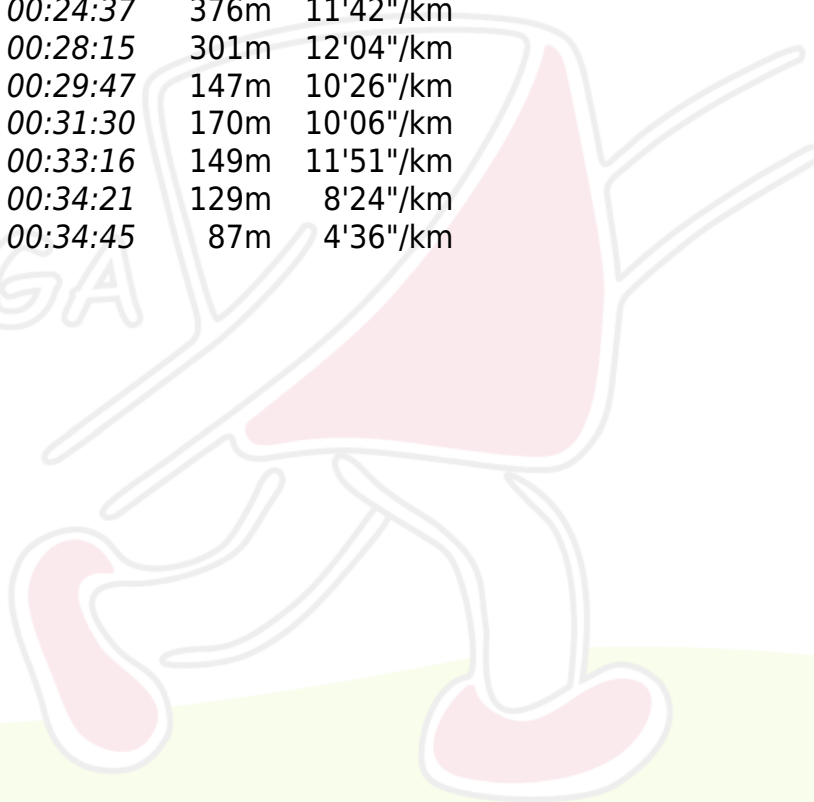
O.K.

[Volledige uitslagen op Webres](#)

- | | |
|---------------------|----------------|
| 1. Mike IN 'T GROEN | 0:30:19 [1000] |
| 2. Helmut CONRAD | 0:31:06 [975] |
| 3. Anders SELLGREN | 0:31:23 [966] |

1.	144	00:02:25		193m	12'31"/km
2.	143	00:01:56	00:04:21	182m	10'37"/km
3.	149	00:03:50	00:08:11	326m	11'46"/km
4.	155	00:03:46	00:11:57	305m	12'21"/km
5.	157	00:03:06	00:15:03	246m	12'36"/km
6.	169	00:01:09	00:16:12	92m	12'30"/km
7.	163	00:04:01	00:20:13	349m	11'31"/km
8.	170	00:04:24	00:24:37	376m	11'42"/km
9.	136	00:03:38	00:28:15	301m	12'04"/km
10.	137	00:01:32	00:29:47	147m	10'26"/km
11.	131	00:01:43	00:31:30	170m	10'06"/km
12.	132	00:01:46	00:33:16	149m	11'51"/km
13.	220	00:01:05	00:34:21	129m	8'24"/km
14.	999	00:00:24	00:34:45	87m	4'36"/km

HELGA



Orienteering Software