



# SYLVESTER 5 DAYS 2022 - Day 4

Masy Zuid 29.12.2022

K.O.L.

**Eddie DE KERF**

TROL

Omloop : H70

Afstand : 3700m

Tijd : 0:40:28 (10'56"/km) [Punten : 754]

**8/15**

O.K.

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- |                   |                |
|-------------------|----------------|
| 1. Rudy CANTRE    | 0:30:31 [1000] |
| 2. Ivo TIMMERMANS | 0:32:44 [932]  |
| 3. Rogier VANAKEN | 0:32:54 [928]  |

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 144 | 00:02:18 |          | 193m | 11'55"/km |
| 2.  | 157 | 00:04:54 | 00:07:12 | 531m | 9'14"/km  |
| 3.  | 158 | 00:03:24 | 00:10:36 | 322m | 10'34"/km |
| 4.  | 110 | 00:03:44 | 00:14:20 | 353m | 10'35"/km |
| 5.  | 162 | 00:00:59 | 00:15:19 | 86m  | 11'26"/km |
| 6.  | 161 | 00:01:29 | 00:16:48 | 131m | 11'19"/km |
| 7.  | 165 | 00:04:48 | 00:21:36 | 266m | 18'03"/km |
| 8.  | 119 | 00:02:51 | 00:24:27 | 270m | 10'33"/km |
| 9.  | 120 | 00:02:35 | 00:27:02 | 226m | 11'26"/km |
| 10. | 124 | 00:01:05 | 00:28:07 | 126m | 8'36"/km  |
| 11. | 136 | 00:05:57 | 00:34:04 | 490m | 12'09"/km |
| 12. | 137 | 00:01:25 | 00:35:29 | 147m | 9'38"/km  |
| 13. | 131 | 00:01:30 | 00:36:59 | 170m | 8'49"/km  |
| 14. | 220 | 00:03:00 | 00:39:59 | 260m | 11'32"/km |
| 15. | 999 | 00:00:29 | 00:40:28 | 87m  | 5'33"/km  |

Orienteering Software