



SYLVESTER 5 DAYS 2022 - Day 4

Masy Zuid 29.12.2022

K.O.L.

Karl-Heinz SEEFELD

OLV Uslar 1976 e.V.

Omloop : H65

Afstand : 4350m

Tijd : 0:56:51 (13'04"/km) [Punten : 545]

14/19

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|---------------------|----------------|
| 1. Hansruedi KOHLER | 0:30:59 [1000] |
| 2. Freddy SILLIEN | 0:32:50 [944] |
| 3. Wim HOEKX | 0:33:29 [925] |

1.	140	00:03:58		234m	16'57"/km
2.	149	00:03:18	00:07:16	336m	9'49"/km
3.	155	00:04:45	00:12:01	305m	15'34"/km
4.	157	00:03:01	00:15:02	246m	12'16"/km
5.	169	00:01:27	00:16:29	92m	15'46"/km
6.	162	00:04:34	00:21:03	414m	11'02"/km
7.	168	00:02:59	00:24:02	245m	12'11"/km
8.	165	00:03:41	00:27:43	244m	15'06"/km
9.	117	00:02:56	00:30:39	259m	11'20"/km
10.	116	00:02:42	00:33:21	226m	11'57"/km
11.	118	00:02:08	00:35:29	177m	12'03"/km
12.	121	00:04:37	00:40:06	250m	18'28"/km
13.	123	00:04:39	00:44:45	285m	16'19"/km
14.	124	00:03:28	00:48:13	275m	12'36"/km
15.	131	00:04:21	00:52:34	332m	13'06"/km
16.	129	00:01:58	00:54:32	126m	15'37"/km
17.	220	00:01:46	00:56:18	178m	9'56"/km
18.	999	00:00:33	00:56:51	87m	6'19"/km

Orienteering Software