SYLVESTER 5 DAYS 2022 - Day 4
Masy Zuid 29.12.2022
K.O.L.

Jackie VANDIJCK
K.O.L.
Omloop : H65
Afstand : 4350m
Tijd : 0:34:04 (7'50"/km) [Punten : 909]

4/19 O.K.

Volledige uitslagen op Webres

1. Hansruedi KOHLER 0:30:59 [1000]
2. Freddy SILLIEN 0:32:50 [944]
3. Wim HOEKX 0:33:29 [925]

1.	140	00:02:05		234m	8'54"/km
2.	149	00:02:08	*00:04:13*	336m	6'21"/km
3.	155	00:03:08	*00:07:21*	305m	10'16"/km
4.	157	00:02:22	*00:09:43*	246m	9'37"/km
5.	169	00:00:42	*00:10:25*	92m	7'37"/km
6.	162	00:03:56	*00:14:21*	414m	9'30"/km
7.	168	00:01:48	*00:16:09*	245m	7'21"/km
8.	165	00:01:47	*00:17:56*	244m	7'19"/km
9.	117	00:01:35	*00:19:31*	259m	6'07"/km
10.	116	00:01:35	*00:21:06*	226m	7'00"/km
11.	118	00:01:20	*00:22:26*	177m	7'32"/km
12.	121	00:02:19	*00:24:45*	250m	9'16"/km
13.	123	00:02:29	*00:27:14*	285m	8'43"/km
14.	124	00:01:54	*00:29:08*	275m	6'55"/km
15.	131	00:02:39	*00:31:47*	332m	7'59"/km
16.	129	00:00:59	*00:32:46*	126m	7'48"/km
17.	220	00:00:57	*00:33:43*	178m	5'20"/km
18.	999	00:00:21	*00:34:04*	87m	4'01"/km

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