



SYLVESTER 5 DAYS 2022 - Day 4

Masy Zuid 29.12.2022

K.O.L.

Arne KRISTENSEN

Herlufsholm

Omloop : H60

Afstand : 4780m

Tijd : 0:34:53 (7'18"/km) [Punten : 817]

4/19

O.K.

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- | | |
|----------------|----------------|
| 1. Wiet LAENEN | 0:28:30 [1000] |
| 2. Luc MELIS | 0:28:42 [993] |
| 3. Jan TOELEN | 0:34:28 [827] |

1.	139	00:02:47		364m	7'39"/km
2.	153	00:02:28	00:05:15	330m	7'28"/km
3.	169	00:02:26	00:07:41	268m	9'05"/km
4.	110	00:03:11	00:10:52	439m	7'15"/km
5.	161	00:01:05	00:11:57	163m	6'39"/km
6.	165	00:02:01	00:13:58	266m	7'35"/km
7.	122	00:02:02	00:16:00	298m	6'49"/km
8.	118	00:01:02	00:17:02	142m	7'17"/km
9.	116	00:01:10	00:18:12	177m	6'35"/km
10.	156	00:05:26	00:23:38	760m	7'09"/km
11.	155	00:02:38	00:26:16	162m	16'15"/km
12.	170	00:01:54	00:28:10	293m	6'29"/km
13.	124	00:02:42	00:30:52	425m	6'21"/km
14.	128	00:01:52	00:32:44	249m	7'30"/km
15.	130	00:00:42	00:33:26	128m	5'28"/km
16.	220	00:01:06	00:34:32	187m	5'53"/km
17.	999	00:00:21	00:34:53	87m	4'01"/km

Orienteering Software