SYLVESTER 5 DAYS 2022 - Day 4
Masy Zuid 29.12.2022
K.O.L.

Lieke VAN OPSTAL
K.O.L.
Omloop : D40
Afstand : 5350m
Tijd : 0:40:11 (7'31"/km) [Punten : 964]

2/13 O.K.

Volledige uitslagen op Webres

1. Ieva GODINA 0:38:44 [1000]
3. Ellen MOLS 0:42:57 [902]

1.	148	00:03:05		432m	7'08"/km
2.	159	00:02:58	*00:06:03*	436m	6'48"/km
3.	158	00:02:22	*00:08:25*	289m	8'11"/km
4.	162	00:02:44	*00:11:09*	377m	7'15"/km
5.	163	00:00:44	*00:11:53*	114m	6'26"/km
6.	156	00:01:22	*00:13:15*	125m	10'56"/km
7.	157	00:01:42	*00:14:57*	234m	7'16"/km
8.	149	00:03:43	*00:18:40*	409m	9'05"/km
9.	136	00:01:58	*00:20:38*	276m	7'08"/km
10.	170	00:02:12	*00:22:50*	301m	7'19"/km
11.	168	00:01:49	*00:24:39*	250m	7'16"/km
12.	117	00:03:13	*00:27:52*	454m	7'05"/km
13.	118	00:02:19	*00:30:11*	280m	8'16"/km
14.	121	00:01:45	*00:31:56*	250m	7'00"/km
15.	120	00:02:26	*00:34:22*	276m	8'49"/km
16.	126	00:01:42	*00:36:04*	247m	6'53"/km
17.	131	00:01:43	*00:37:47*	215m	7'59"/km
18.	220	00:02:01	*00:39:48*	260m	7'45"/km
19.	999	00:00:23	*00:40:11*	87m	4'24"/km

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