



# SYLVESTER 5 DAYS 2022 - Day 3

## Brouwhuisseheide 28.12.2022

### KOVZ

**Fred TOSSERAMS**

TROL

Omloop : SD

Afstand : 4100m

Tijd : 0:56:48 (13'51"/km)

**10/15**

O.K.

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- |                       |         |
|-----------------------|---------|
| 1. Kristel MERTENS    | 0:37:44 |
| 2. Ivan BATCHEV       | 0:38:18 |
| 3. Gerrit VAN DE RIET | 0:39:41 |

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 138 | 00:01:01 |          | 122m | 8'20"/km  |
| 2.  | 139 | 00:01:14 | 00:02:15 | 156m | 7'54"/km  |
| 3.  | 141 | 00:00:54 | 00:03:09 | 110m | 8'11"/km  |
| 4.  | 135 | 00:05:49 | 00:08:58 | 299m | 19'27"/km |
| 5.  | 134 | 00:10:10 | 00:19:08 | 280m | 36'19"/km |
| 6.  | 133 | 00:01:04 | 00:20:12 | 93m  | 11'28"/km |
| 7.  | 132 | 00:01:52 | 00:22:04 | 196m | 9'31"/km  |
| 8.  | 143 | 00:01:29 | 00:23:33 | 170m | 8'44"/km  |
| 9.  | 158 | 00:02:13 | 00:25:46 | 251m | 8'50"/km  |
| 10. | 156 | 00:01:50 | 00:27:36 | 158m | 11'36"/km |
| 11. | 147 | 00:03:38 | 00:31:14 | 281m | 12'56"/km |
| 12. | 150 | 00:03:47 | 00:35:01 | 232m | 16'18"/km |
| 13. | 152 | 00:05:06 | 00:40:07 | 246m | 20'44"/km |
| 14. | 167 | 00:03:47 | 00:43:54 | 316m | 11'58"/km |
| 15. | 166 | 00:00:40 | 00:44:34 | 81m  | 8'14"/km  |
| 16. | 129 | 00:02:50 | 00:47:24 | 227m | 12'29"/km |
| 17. | 154 | 00:05:14 | 00:52:38 | 440m | 11'54"/km |
| 18. | 164 | 00:01:53 | 00:54:31 | 151m | 12'28"/km |
| 19. | 100 | 00:01:39 | 00:56:10 | 185m | 8'55"/km  |
| 20. | 999 | 00:00:38 | 00:56:48 | 72m  | 8'48"/km  |

Orienteering Software