

# SYLVESTER 5 DAYS 2022 - Day 3
# Brouwhuisseheide 28.12.2022
# KOVZ

**Jens DEFERM**
hamok
Omloop : H-10
Afstand : 2300m
Tijd : 0:36:03 (15'40"/km) [Punten : 515]

**4/4** O.K.

Volledige uitslagen op Webres

1. Witse BOECKX 0:18:35 [1000]
2. Rune SELS 0:19:49 [938]
3. Bram BRIES 0:25:00 [743]

| | | | | | |
|---|---|---|---|---|---|
| 1. | 137 | 00:01:58 | | 298m | 6'36"/km |
| 2. | 136 | 00:01:19 | *00:03:17* | 235m | 5'36"/km |
| 3. | 140 | 00:01:37 | *00:04:54* | 213m | 7'35"/km |
| 4. | 157 | 00:11:04 | *00:15:58* | 159m | 69'36"/km |
| 5. | 146 | 00:05:00 | *00:20:58* | 132m | 37'53"/km |
| 6. | 148 | 00:01:42 | *00:22:40* | 215m | 7'54"/km |
| 7. | 149 | 00:01:54 | *00:24:34* | 262m | 7'15"/km |
| 8. | 151 | 00:01:30 | *00:26:04* | 201m | 7'28"/km |
| 9. | 153 | 00:01:13 | *00:27:17* | 145m | 8'23"/km |
| 10. | 163 | 00:01:36 | *00:28:53* | 194m | 8'15"/km |
| 11. | 100 | 00:06:41 | *00:35:34* | 160m | 41'46"/km |
| 12. | 999 | 00:00:29 | *00:36:03* | 72m | 6'43"/km |

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