



# SYLVESTER 5 DAYS 2022 - Day 3

## Brouwhuisseheide 28.12.2022

### KOVZ

**Lisa HARMS**

WOLF Haltern

Omloop : D-18

Afstand : 5200m

Tijd : 1:00:39 (11'40"/km) [Punten : 720]

**7/8**

O.K.

[Volledige uitslagen op Webres](#)

- |                   |                |
|-------------------|----------------|
| 1. Maya RENARD    | 0:43:39 [1000] |
| 2. Sasha FLANDRIN | 0:45:18 [964]  |
| 3. Maud KUIPERS   | 0:48:03 [908]  |

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 138 | 00:01:07 |          | 122m | 9'09"/km  |
| 2.  | 139 | 00:01:34 | 00:02:41 | 156m | 10'03"/km |
| 3.  | 142 | 00:01:44 | 00:04:25 | 208m | 8'20"/km  |
| 4.  | 158 | 00:02:09 | 00:06:34 | 249m | 8'38"/km  |
| 5.  | 150 | 00:07:59 | 00:14:33 | 342m | 23'21"/km |
| 6.  | 166 | 00:06:16 | 00:20:49 | 551m | 11'22"/km |
| 7.  | 169 | 00:05:11 | 00:26:00 | 410m | 12'39"/km |
| 8.  | 173 | 00:04:15 | 00:30:15 | 386m | 11'01"/km |
| 9.  | 174 | 00:03:02 | 00:33:17 | 297m | 10'13"/km |
| 10. | 175 | 00:03:22 | 00:36:39 | 238m | 14'09"/km |
| 11. | 116 | 00:01:07 | 00:37:46 | 93m  | 12'00"/km |
| 12. | 160 | 00:02:57 | 00:40:43 | 195m | 15'08"/km |
| 13. | 130 | 00:02:15 | 00:42:58 | 162m | 13'53"/km |
| 14. | 110 | 00:01:24 | 00:44:22 | 136m | 10'18"/km |
| 15. | 169 | 00:03:31 | 00:47:53 | 305m | 11'32"/km |
| 16. | 129 | 00:04:35 | 00:52:28 | 461m | 9'57"/km  |
| 17. | 154 | 00:04:10 | 00:56:38 | 440m | 9'28"/km  |
| 18. | 165 | 00:01:17 | 00:57:55 | 143m | 8'58"/km  |
| 19. | 164 | 00:00:46 | 00:58:41 | 73m  | 10'30"/km |
| 20. | 100 | 00:01:28 | 01:00:09 | 185m | 7'56"/km  |
| 21. | 999 | 00:00:30 | 01:00:39 | 72m  | 6'57"/km  |

Orienteering Software