

Frank VAN ROOST

Omega

Omloop : MM

Afstand : 5500m

Tijd : 1:35:04 (17'17"/km)

12/19

O.K.

[Volledige uitslagen op Webres](#)

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|--------------------------|---------|
| 1. Matthias STAESSENS | 0:51:04 |
| 2. Peter COKELAERE | 0:58:33 |
| 3. Katja VAN OOSTERWIJCK | 0:59:31 |

1.	132	00:09:25		920m	10'14"/km
2.	131	00:04:07	00:13:32	338m	12'11"/km
3.	133	00:01:57	00:15:29	127m	15'21"/km
4.	134	00:03:53	00:19:22	306m	12'41"/km
5.	34	00:08:48	00:28:10	400m	22'00"/km
6.	147	00:04:06	00:32:16	304m	13'29"/km
7.	142	00:04:22	00:36:38	181m	24'08"/km
8.	146	00:10:38	00:47:16	287m	37'03"/km
9.	72	00:04:24	00:51:40	155m	28'23"/km
10.	32	00:06:17	00:57:57	478m	13'09"/km
11.	121	00:03:10	01:01:07	238m	13'18"/km
12.	118	00:08:19	01:09:26	204m	40'46"/km
13.	70	00:02:36	01:12:02	168m	15'29"/km
14.	112	00:02:22	01:14:24	109m	21'43"/km
15.	101	00:05:27	01:19:51	430m	12'40"/km
16.	109	00:08:55	01:28:46	333m	26'47"/km
17.	106	00:02:28	01:31:14	190m	12'59"/km
18.	69	00:02:51	01:34:05	248m	11'30"/km
19.	999	00:00:59	01:35:04	132m	7'27"/km

Orienteering Software