SYLVESTER 5 DAYS 2022 - Day 1
Waterschei 26.12.2022
hamok

Koen CROONS
Omega
Omloop : MM
Afstand : 5500m
Tijd : 1:08:57 (12'32"/km)

8/19 O.K.

Volledige uitslagen op Webres

1.	Matthias STAESSENS	0:51:04
2.	Peter COKELAERE	0:58:33
3.	Katja VAN OOSTERWIJCK	0:59:31

1.	132	00:06:44		920m	7'19"/km
2.	131	00:03:42	*00:10:26*	338m	10'57"/km
3.	133	00:01:43	*00:12:09*	127m	13'31"/km
4.	134	00:02:52	*00:15:01*	306m	9'22"/km
5.	34	00:10:01	*00:25:02*	400m	25'03"/km
6.	147	00:03:13	*00:28:15*	304m	10'35"/km
7.	142	00:05:18	*00:33:33*	181m	29'17"/km
8.	146	00:06:29	*00:40:02*	287m	22'35"/km
9.	72	00:02:37	*00:42:39*	155m	16'53"/km
10.	32	00:04:21	*00:47:00*	478m	9'06"/km
11.	121	00:04:12	*00:51:12*	238m	17'39"/km
12.	118	00:03:04	*00:54:16*	204m	15'02"/km
13.	70	00:02:02	*00:56:18*	168m	12'06"/km
14.	112	00:01:16	*00:57:34*	109m	11'37"/km
15.	101	00:04:05	*01:01:39*	430m	9'30"/km
16.	109	00:03:04	*01:04:43*	333m	9'13"/km
17.	106	00:01:55	*01:06:38*	190m	10'05"/km
18.	69	00:01:50	*01:08:28*	248m	7'24"/km
19.	999	00:00:29	*01:08:57*	132m	3'40"/km

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