



SERGIPE TRAIL RUN - 2022

ARACAJU -SE 18.12.2022

SERGIPE TRAIL RUN

Joseilton Santos

Pé&pedal ecológica macaé/geração saúde

Course : 30 KM SOLO MASCULINO 40-49

Distance : 26400m (Climbing 649m)

Time : 2:10:54,386 (4'57"/km)

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O.K.

[Full result on Webres](#)

1. Jackson Santana	2:33:49,898
2. José Sergio	2:34:57,152
3. Adeilson Cordeiro Santos	2:38:44,601

1.	71	00:10:20		2570m	4'01"/km	CARROÇAVEL NA MATA
2.	72	00:06:43	00:17:03	895m	7'30"/km	TRILHA MATA (RET ALÇA)
3.	73	00:00:54	00:17:57	840m	1'04"/km	ENTRADA TRILHA 15 E 30K
4.	77	00:24:09	00:42:06	4640m	5'12"/km	RETORNO 15KM
5.	75	00:17:18	00:59:24	5400m	3'12"/km	P1 TRILHA MATA
6.	76	00:07:48	01:07:12	1600m	4'53"/km	P2 TRILHA MATA
7.	77	00:33:28	01:40:40			RETORNO 15KM
8.	71	00:20:47	02:01:27	4120m	5'03"/km	CARROÇAVEL NA MATA
9.	999	00:09:27	02:10:54	2000m	4'43"/km	CHEGADA

HELGA

Orienteering Software