



TRAIL RUN PARADISE - ETAPA 10

MACEIÓ - AL 11.12.2022

PARADISE

João Dos Montes

IAGUARA

Course : 6 KM SOLO MASCULINO 40-49

Distance : 7000m (Climbing 170m)

Time : 1:59:48,675 (17'07"/km)

17/19

O.K.

[Full result on Webres](#)

1. Pita Bike	0:45:47,773
2. Daronco	0:58:57,445
3. Mauro	1:02:49,640

1.	71	00:26:33		3190m	8'19"/km	HIDRATAÇÃO 1
2.	72	00:33:59	01:00:32	1840m	18'28"/km	ENTRADA NA TRILHA
3.	999	00:59:16	01:59:48	2110m	28'05"/km	CHEGADA

HELGA



Orienteering Software