



TRAIL RUN PARADISE - ETAPA 10

MACEIÓ - AL 11.12.2022

PARADISE

Iran

#sofesta

Course : 6 KM SOLO MASCULINO 40-49

Distance : 7000m (Climbing 170m)

Time : 1:14:15,445 (10'36"/km)

7/19

O.K.

[Full result on Webres](#)

1. Pita Bike	0:45:47,773
2. Daronco	0:58:57,445
3. Mauro	1:02:49,640

1.	71	00:18:18		3190m	5'44"/km	HIDRATAÇÃO 1
2.	72	00:25:24	00:43:42	1840m	13'48"/km	ENTRADA NA TRILHA
3.	999	00:30:33	01:14:15	2110m	14'29"/km	CHEGADA

HELGA



Orienteering Software