



Regionale MELBERG -ZILLEBOS

GENK 11.12.2022

K.O.L.

Alex COURSIER

TROL

Omloop : H:05

Afstand : 4000m

Tijd : 1:17:06 (19'16"/km)

12/16

O.K.

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- | | |
|-------------------|---------|
| 1. Luc HEUNINCKX | 0:42:56 |
| 2. Rogier VANAKEN | 0:49:25 |
| 3. Phil MELLEBECK | 0:52:01 |

1.	157	00:03:35		198m	18'06"/km
2.	101	00:04:14	00:07:49	146m	29'00"/km
3.	124	00:08:38	00:16:27	605m	14'16"/km
4.	125	00:06:26	00:22:53	178m	36'09"/km
5.	126	00:11:22	00:34:15	638m	17'49"/km
6.	158	00:05:38	00:39:53	211m	26'42"/km
7.	159	00:03:30	00:43:23	137m	25'33"/km
8.	140	00:06:27	00:49:50	247m	26'07"/km
9.	117	00:04:15	00:54:05	264m	16'06"/km
10.	129	00:02:01	00:56:06	114m	17'41"/km
11.	135	00:03:49	00:59:55	240m	15'54"/km
12.	107	00:04:46	01:04:41	250m	19'04"/km
13.	108	00:03:37	01:08:18	123m	29'24"/km
14.	138	00:05:00	01:13:18	229m	21'50"/km
15.	110	00:02:44	01:16:02	159m	17'11"/km
16.	999	00:01:04	01:17:06	166m	6'26"/km

Orienteering Software