



Regionale MELBERG -ZILLEBOS

GENK 11.12.2022

K.O.L.

Hans DE WIT

K.O.L.

Omloop : H:01

Afstand : 8830m

Tijd : 1:37:51 (11'05"/km)

7/10

O.K.

[Volledige uitslagen op Webres](#)

1. Nico CEUNEN	1:05:05
2. Tom GEYPEN	1:10:21
3. Marc KERCKHOFS	1:15:30

1.	160	00:02:29		317m	7'50"/km
2.	119	00:06:53	00:09:22	479m	14'22"/km
3.	120	00:03:23	00:12:45	507m	6'40"/km
4.	144	00:04:44	00:17:29	495m	9'34"/km
5.	145	00:03:04	00:20:33	308m	9'57"/km
6.	146	00:01:41	00:22:14	104m	16'11"/km
7.	122	00:03:36	00:25:50	371m	9'42"/km
8.	123	00:01:34	00:27:24	105m	14'55"/km
9.	144	00:03:20	00:30:44	188m	17'44"/km
10.	124	00:03:43	00:34:27	334m	11'08"/km
11.	125	00:03:29	00:37:56	178m	19'34"/km
12.	126	00:06:51	00:44:47	638m	10'44"/km
13.	158	00:02:24	00:47:11	211m	11'22"/km
14.	140	00:05:06	00:52:17	371m	13'45"/km
15.	141	00:02:34	00:54:51	404m	6'21"/km
16.	142	00:00:38	00:55:29	100m	6'20"/km
17.	118	00:11:16	01:06:45	828m	13'36"/km
18.	130	00:02:00	01:08:45	130m	15'23"/km
19.	131	00:04:13	01:12:58	466m	9'03"/km
20.	115	00:00:59	01:13:57	74m	13'17"/km
21.	116	00:03:25	01:17:22	306m	11'10"/km
22.	118	00:03:03	01:20:25	372m	8'12"/km
23.	134	00:02:27	01:22:52	202m	12'08"/km
24.	135	00:02:06	01:24:58	89m	23'36"/km
25.	143	00:02:37	01:27:35	175m	14'57"/km
26.	137	00:03:03	01:30:38	327m	9'20"/km
27.	147	00:01:25	01:32:03	111m	12'46"/km
28.	138	00:01:40	01:33:43	138m	12'05"/km
29.	139	00:01:40	01:35:23	70m	23'49"/km
30.	110	00:01:38	01:37:01	167m	9'47"/km
31.	999	00:00:50	01:37:51	166m	5'01"/km