



**Mil Comd Limburg**  
**Zonhoven 24.11.2011**  
**St / EM Prov LIMBURG**

**Jozef DEN TROOSTER**

Omega

Course : H:05

Distance : 5000m

Time : 0:43:59 (8'47"/km)

**6/25**

O.K.

[Full result on Webres](#)

|                    |         |
|--------------------|---------|
| 1. René STEENSSENS | 0:39:18 |
| 2. Ferdy NIJST     | 0:40:52 |
| 3. Jan LEMMENS     | 0:41:31 |

HELGA



Orienteering Software