



BOC#03 - Double-Sprint - Sprint 01 Alma

Woluwe Saint-Lambert 4.12.2022

ASUB

Manuel MARIN

Indiv.

Course : H:Noir Long

Distance : 3300m (Climbing 15m)

Time : 0:49:52 (15'07"/km)

26/38

O.K.

[Full result on Webres](#)

- | | |
|--------------------|---------|
| 1. Warre DE CUYPER | 0:21:37 |
| 2. Clément DEMEUSE | 0:22:23 |
| 3. Thomas GILLET | 0:23:21 |

1.	166	00:03:52		44m	87'53"/km
2.	167	00:01:09	00:05:01	86m	13'22"/km
3.	168	00:01:02	00:06:03	39m	26'30"/km
4.	169	00:02:10	00:08:13	51m	42'29"/km
5.	170	00:01:19	00:09:32	131m	10'03"/km
6.	171	00:01:00	00:10:32	76m	13'09"/km
7.	172	00:02:06	00:12:38	136m	15'26"/km
8.	173	00:01:15	00:13:53	154m	8'07"/km
9.	174	00:00:37	00:14:30	56m	11'01"/km
10.	175	00:01:07	00:15:37	105m	10'38"/km
11.	176	00:07:11	00:22:48	89m	80'43"/km
12.	177	00:00:56	00:23:44	64m	14'35"/km
13.	178	00:00:48	00:24:32	52m	15'23"/km
14.	179	00:02:56	00:27:28	165m	17'47"/km
15.	180	00:00:37	00:28:05	88m	7'00"/km
16.	181	00:00:36	00:28:41	90m	6'40"/km
17.	182	00:01:26	00:30:07	89m	16'06"/km
18.	183	00:00:36	00:30:43	40m	15'00"/km
19.	184	00:01:07	00:31:50	55m	20'18"/km
20.	185	00:00:56	00:32:46	113m	8'16"/km
21.	186	00:01:54	00:34:40	94m	20'13"/km
22.	187	00:01:46	00:36:26	122m	14'29"/km
23.	188	00:00:44	00:37:10	88m	8'20"/km
24.	189	00:00:51	00:38:01	163m	5'13"/km
25.	190	00:03:28	00:41:29	245m	14'09"/km
26.	191	00:00:20	00:41:49	114m	2'55"/km
27.	192	00:01:52	00:43:41	233m	8'01"/km
28.	193	00:01:57	00:45:38	92m	21'12"/km
29.	194	00:01:30	00:47:08	107m	14'01"/km
30.	195	00:00:43	00:47:51	33m	21'43"/km
31.	196	00:00:00	00:47:51	166m	0'00"/km
32.	999	00:02:01	00:49:52	78m	25'51"/km