



BOC#03 - Double-Sprint - Sprint 01 Alma

Woluwe Saint-Lambert 4.12.2022

ASUB

Philippe CREFCOEUR

Altair C.O.

Circuit : H:Noir Long

Distance : 3300m (Dénivelé 15m)

Temps : 0:45:37 (13'49"/km)

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O.K.

[Résultats complets sur Webres](#)

- | | |
|--------------------|---------|
| 1. Warre DE CUYPER | 0:21:37 |
| 2. Clément DEMEUSE | 0:22:23 |
| 3. Thomas GILLET | 0:23:21 |

1.	166	00:02:01		44m	45'50"/km
2.	167	00:01:12	00:03:13	86m	13'57"/km
3.	168	00:00:59	00:04:12	39m	25'13"/km
4.	169	00:00:54	00:05:06	51m	17'39"/km
5.	170	00:00:47	00:05:53	131m	5'59"/km
6.	171	00:00:58	00:06:51	76m	12'43"/km
7.	172	00:02:29	00:09:20	136m	18'16"/km
8.	173	00:02:04	00:11:24	154m	13'25"/km
9.	174	00:00:56	00:12:20	56m	16'40"/km
10.	175	00:01:09	00:13:29	105m	10'57"/km
11.	176	00:01:33	00:15:02	89m	17'25"/km
12.	177	00:01:34	00:16:36	64m	24'29"/km
13.	178	00:01:04	00:17:40	52m	20'31"/km
14.	179	00:01:49	00:19:29	165m	11'01"/km
15.	180	00:00:52	00:20:21	88m	9'51"/km
16.	181	00:00:50	00:21:11	90m	9'16"/km
17.	182	00:02:06	00:23:17	89m	23'36"/km
18.	183	00:00:46	00:24:03	40m	19'10"/km
19.	184	00:01:17	00:25:20	55m	23'20"/km
20.	185	00:01:16	00:26:36	113m	11'13"/km
21.	186	00:00:54	00:27:30	94m	9'34"/km
22.	187	00:01:56	00:29:26	122m	15'51"/km
23.	188	00:00:50	00:30:16	88m	9'28"/km
24.	189	00:02:05	00:32:21	163m	12'47"/km
25.	190	00:03:42	00:36:03	245m	15'06"/km
26.	191	00:00:45	00:36:48	114m	6'35"/km
27.	192	00:02:20	00:39:08	233m	10'01"/km
28.	193	00:01:36	00:40:44	92m	17'23"/km
29.	194	00:01:18	00:42:02	107m	12'09"/km
30.	195	00:00:56	00:42:58	33m	28'17"/km
31.	196	00:02:10	00:45:08	166m	13'03"/km
32.	999	00:00:29	00:45:37	78m	6'12"/km