



# BOC#03 - Double-Sprint - Sprint 01 Alma

## Woluwe Saint-Lambert 4.12.2022

### ASUB

**Clément DEMEUSE**

C.O. Liège

Circuit : H:Noir Long

Distance : 3300m (Dénivelé 15m)

Temps : 0:22:23 (6'47"/km)

2/38

O.K.

[Résultats complets sur Webres](#)

1. Warre DE CUYPER 0:21:37  
3. Thomas GILLET 0:23:21

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 166 | 00:01:06 |          | 44m  | 25'00"/km |
| 2.  | 167 | 00:00:36 | 00:01:42 | 86m  | 6'59"/km  |
| 3.  | 168 | 00:00:29 | 00:02:11 | 39m  | 12'24"/km |
| 4.  | 169 | 00:00:27 | 00:02:38 | 51m  | 8'49"/km  |
| 5.  | 170 | 00:00:30 | 00:03:08 | 131m | 3'49"/km  |
| 6.  | 171 | 00:00:29 | 00:03:37 | 76m  | 6'22"/km  |
| 7.  | 172 | 00:01:24 | 00:05:01 | 136m | 10'18"/km |
| 8.  | 173 | 00:01:00 | 00:06:01 | 154m | 6'30"/km  |
| 9.  | 174 | 00:00:20 | 00:06:21 | 56m  | 5'57"/km  |
| 10. | 175 | 00:00:34 | 00:06:55 | 105m | 5'24"/km  |
| 11. | 176 | 00:00:55 | 00:07:50 | 89m  | 10'18"/km |
| 12. | 177 | 00:01:03 | 00:08:53 | 64m  | 16'24"/km |
| 13. | 178 | 00:00:20 | 00:09:13 | 52m  | 6'25"/km  |
| 14. | 179 | 00:01:16 | 00:10:29 | 165m | 7'41"/km  |
| 15. | 180 | 00:00:22 | 00:10:51 | 88m  | 4'10"/km  |
| 16. | 181 | 00:00:24 | 00:11:15 | 90m  | 4'27"/km  |
| 17. | 182 | 00:00:56 | 00:12:11 | 89m  | 10'29"/km |
| 18. | 183 | 00:00:22 | 00:12:33 | 40m  | 9'10"/km  |
| 19. | 184 | 00:00:37 | 00:13:10 | 55m  | 11'13"/km |
| 20. | 185 | 00:00:34 | 00:13:44 | 113m | 5'01"/km  |
| 21. | 186 | 00:00:03 | 00:13:47 | 94m  | 0'32"/km  |
| 22. | 187 | 00:01:06 | 00:14:53 | 122m | 9'01"/km  |
| 23. | 188 | 00:00:25 | 00:15:18 | 88m  | 4'44"/km  |
| 24. | 189 | 00:00:45 | 00:16:03 | 163m | 4'36"/km  |
| 25. | 190 | 00:02:16 | 00:18:19 | 245m | 9'15"/km  |
| 26. | 191 | 00:00:10 | 00:18:29 | 114m | 1'28"/km  |
| 27. | 192 | 00:01:13 | 00:19:42 | 233m | 5'13"/km  |
| 28. | 193 | 00:00:42 | 00:20:24 | 92m  | 7'37"/km  |
| 29. | 194 | 00:00:34 | 00:20:58 | 107m | 5'18"/km  |
| 30. | 195 | 00:00:26 | 00:21:24 | 33m  | 13'08"/km |
| 31. | 196 | 00:01:00 | 00:22:24 | 166m | 6'01"/km  |
| 32. | 999 | 00:00:00 | 00:22:24 | 78m  | 0'00"/km  |