



TRAIL RUN CARCARÁ

CABO DE STO AGOSTINHO - PE 27.11.2022

CARCARÁ

Paula Thamires

Attitude Running

Course : 10KM SOLO FEMININO 18-35
ANOS

Distance : 9900m (Climbing 390m)

Time : 2:36:50,816 (15'51"/km)

15/16

O.K.

[Full result on Webres](#)

- | | |
|-----------------------|-------------|
| 1. Eyny Lins | 1:26:18,261 |
| 2. Sheila Vasconcelos | 1:34:05,273 |
| 3. Elaine Sena | 1:34:11,253 |

1.	81	00:03:44		490m	7'37"/km	BATE E VOLTA MIRANTE VILA VELHA
2.	82	01:03:38	01:07:22	4370m	14'34"/km	FORTE CASTELO DO MAR
3.	83	00:22:28	01:29:50	633m	35'30"/km	INÍCIO DESAFIO - H2O 2
4.	84	00:24:16	01:54:06	1820m	13'20"/km	RETORNO 10K PRAIA
5.	83	00:29:08	02:23:14	1820m	16'00"/km	INÍCIO DESAFIO - H2O 2
6.	999	00:13:36	02:36:50	790m	17'13"/km	CHEGADA - FIM DESAFIO

HELGA



Orienteering Software