



TRAIL RUN CARCARÁ

CABO DE STO AGOSTINHO - PE 27.11.2022

CARCARÁ

Bruna Fragoso

Attitude Running

Course : 10KM SOLO FEMININO 18-35
ANOS

Distance : 9900m (Climbing 390m)

Time : 2:16:15,210 (13'46"/km)

10/16

O.K.

[Full result on Webres](#)

- | | |
|-----------------------|-------------|
| 1. Eyny Lins | 1:26:18,261 |
| 2. Sheila Vasconcelos | 1:34:05,273 |
| 3. Elaine Sena | 1:34:11,253 |

1.	81	00:03:40		490m	7'29"/km	BATE E VOLTA MIRANTE VILA VELHA
2.	82	01:00:12	01:03:52	4370m	13'47"/km	FORTE CASTELO DO MAR
3.	84	00:44:02	01:47:54	2420m	18'12"/km	RETORNO 10K PRAIA
4.	83	00:20:17	02:08:11	1820m	11'09"/km	INÍCIO DESAFIO - H2O 2
5.	999	00:08:04	02:16:15	790m	10'13"/km	CHEGADA - FIM DESAFIO

HELGA



Orienteering Software