



TRAIL RUN CARCARÁ

CABO DE STO AGOSTINHO - PE 27.11.2022

CARCARÁ

Antônio Flor Dos Santos

Attitude Running

Course : 10KM SOLO MASCULINO

Distance : 9900m (Climbing 390m)

Time : 1:16:18,988 (7'42"/km)

22/58

O.K.

[Full result on Webres](#)

- | | |
|-----------------------------------|-------------|
| 1. Taffarel Correia | 0:54:25,539 |
| 2. Ricardo Ulisses | 0:56:17,324 |
| 3. José Joaquim De Mendonça Irmão | 0:57:33,113 |

1.	81	00:02:34		490m	5'14"/km	BATE E VOLTA MIRANTE VILA VELHA
2.	82	00:32:25	00:34:59	4370m	7'25"/km	FORTE CASTELO DO MAR
3.	84	00:18:29	00:53:28	2420m	7'38"/km	RETORNO 10K PRAIA
4.	83	00:16:00	01:09:28	1820m	8'47"/km	INÍCIO DESAFIO - H2O 2
5.	999	00:06:50	01:16:18	790m	8'39"/km	CHEGADA - FIM DESAFIO

HELGA



Orienteering Software