



TRAIL RUN CARCARÁ

CABO DE STO AGOSTINHO - PE 27.11.2022

CARCARÁ

Lucas Gabriel Paiva Do Santos

Attitude Running

Course : 10KM SOLO MASCULINO

Distance : 9900m (Climbing 390m)

Time : 1:06:34,937 (6'43"/km)

14/58

O.K.

[Full result on Webres](#)

- | | |
|-----------------------------------|-------------|
| 1. Taffarel Correia | 0:54:25,539 |
| 2. Ricardo Ulisses | 0:56:17,324 |
| 3. José Joaquim De Mendonça Irmão | 0:57:33,113 |

1.	81	00:02:28		490m	5'02"/km	BATE E VOLTA MIRANTE VILA VELHA
2.	82	00:30:11	00:32:39	4370m	6'54"/km	FORTE CASTELO DO MAR
3.	84	00:15:28	00:48:07	2420m	6'23"/km	RETORNO 10K PRAIA
4.	83	00:11:40	00:59:47	1820m	6'25"/km	INÍCIO DESAFIO - H2O 2
5.	999	00:06:47	01:06:34	790m	8'35"/km	CHEGADA - FIM DESAFIO

HELGA



Orienteering Software