



TRAIL RUN CARCARÁ

CABO DE STO AGOSTINHO - PE 27.11.2022

CARCARÁ

Taffarel Correia

CZN corredoresdazonanorte

Course : 10KM SOLO MASCULINO

Distance : 9900m (Climbing 390m)

Time : 0:54:25,539 (5'30"/km)

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O.K.

[Full result on Webres](#)

2. Ricardo Ulisses 0:56:17,324
3. José Joaquim De Mendonça Irmão 0:57:33,113

1.	81	00:01:47		490m	3'38"/km	BATE E VOLTA MIRANTE VILA VELHA
2.	82	00:21:21	00:23:08	4370m	4'53"/km	FORTE CASTELO DO MAR
3.	84	00:16:46	00:39:54	2420m	6'56"/km	RETORNO 10K PRAIA
4.	83	00:09:48	00:49:42	1820m	5'23"/km	INÍCIO DESAFIO - H2O 2
5.	999	00:04:43	00:54:25	790m	5'58"/km	CHEGADA - FIM DESAFIO

HELGA



Orienteering Software