

Regionale
Hamont 20.11.2022
hamok

Lok Hin MA

Be Arrows

Omloop : H:Be Arrows

Afstand : 6530m

Tijd : 0:56:51 (8'42"/km)

10/12

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|---------------------|---------|
| 1. Evert LEEUWS | 0:44:52 |
| 2. Benjamin ANCIAUX | 0:44:57 |
| 3. Liam THIELS | 0:45:08 |

1.	60	00:02:11		86m	25'23"/km
2.	65	00:00:29	00:02:40	90m	5'22"/km
3.	59	00:00:45	00:03:25	183m	4'06"/km
4.	81	00:00:42	00:04:07		
5.	58	00:00:20	00:04:27		
6.	57	00:00:34	00:05:01	103m	5'30"/km
7.	56	00:01:08	00:06:09	201m	5'38"/km
8.	55	00:01:57	00:08:06	185m	10'32"/km
9.	54	00:01:03	00:09:09	150m	7'00"/km
10.	67	00:01:37	00:10:46	278m	5'49"/km
11.	51	00:01:07	00:11:53	150m	7'27"/km
12.	52	00:00:52	00:12:45	113m	7'40"/km
13.	62	00:02:06	00:14:51	258m	8'08"/km
14.	63	00:00:36	00:15:27	95m	6'19"/km
15.	53	00:01:37	00:17:04	287m	5'38"/km
16.	67	00:00:46	00:17:50	126m	6'05"/km
17.	61	00:01:48	00:19:38	226m	7'58"/km
18.	50	00:07:25	00:27:03	210m	35'19"/km
19.	49	00:00:41	00:27:44	131m	5'13"/km
20.	48	00:00:56	00:28:40	158m	5'54"/km
21.	46	00:04:07	00:32:47		
22.	45	00:00:40	00:33:27	147m	4'32"/km
23.	44	00:00:49	00:34:16	142m	5'45"/km
24.	43	00:01:13	00:35:29	169m	7'12"/km
25.	42	00:04:35	00:40:04	404m	11'21"/km
26.	41	00:00:39	00:40:43	93m	6'59"/km
27.	40	00:00:54	00:41:37	149m	6'02"/km
28.	39	00:00:47	00:42:24	137m	5'43"/km
29.	38	00:01:41	00:44:05	223m	7'33"/km
30.	37	00:00:57	00:45:02	166m	5'43"/km
31.	36	00:04:23	00:49:25	239m	18'20"/km
32.	35	00:01:02	00:50:27	118m	8'45"/km
33.	34	00:01:16	00:51:43	215m	5'53"/km
34.	33	00:01:00	00:52:43	139m	7'12"/km
35.	32	00:01:28	00:54:11	177m	8'17"/km
36.	31	00:01:23	00:55:34	221m	6'16"/km

37.	64	00:01:04	00:56:38	164m	6'30"/km
38.	999	00:00:13	00:56:51	63m	3'26"/km

