

Regionale Hamont 20.11.2022 hamok

Bob DE CLEENE

Be Arrows

Omloop : H:Be Arrows

Afstand : 6530m

Tijd : 0:56:26 (8'39"/km)

8/12

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|---------------------|---------|
| 1. Evert LEEUWS | 0:44:52 |
| 2. Benjamin ANCIAUX | 0:44:57 |
| 3. Liam THIELS | 0:45:08 |

1.	60	00:01:43		86m	19'58"/km
2.	65	00:00:31	00:02:14	90m	5'44"/km
3.	59	00:00:44	00:02:58	183m	4'00"/km
4.	58	00:00:48	00:03:46	155m	5'10"/km
5.	57	00:00:31	00:04:17	103m	5'01"/km
6.	56	00:00:58	00:05:15	201m	4'49"/km
7.	55	00:02:34	00:07:49	185m	13'52"/km
8.	54	00:00:58	00:08:47	150m	6'27"/km
9.	67	00:01:40	00:10:27	278m	6'00"/km
10.	51	00:01:01	00:11:28	150m	6'47"/km
11.	52	00:00:47	00:12:15	113m	6'56"/km
12.	62	00:04:44	00:16:59	258m	18'21"/km
13.	63	00:00:42	00:17:41	95m	7'22"/km
14.	53	00:02:36	00:20:17	287m	9'04"/km
15.	67	00:00:53	00:21:10	126m	7'01"/km
16.	61	00:01:32	00:22:42	226m	6'47"/km
17.	50	00:04:04	00:26:46	210m	19'22"/km
18.	49	00:00:45	00:27:31	131m	5'44"/km
19.	48	00:00:50	00:28:21	158m	5'16"/km
20.	46	00:04:09	00:32:30		
21.	45	00:00:44	00:33:14	147m	4'59"/km
22.	44	00:00:45	00:33:59	142m	5'17"/km
23.	43	00:01:07	00:35:06	169m	6'36"/km
24.	42	00:04:40	00:39:46	404m	11'33"/km
25.	41	00:00:38	00:40:24	93m	6'49"/km
26.	40	00:00:53	00:41:17	149m	5'56"/km
27.	39	00:00:51	00:42:08	137m	6'12"/km
28.	38	00:01:37	00:43:45	223m	7'15"/km
29.	37	00:00:51	00:44:36	166m	5'07"/km
30.	36	00:04:25	00:49:01	239m	18'29"/km
31.	35	00:01:01	00:50:02	118m	8'37"/km
32.	34	00:01:21	00:51:23	215m	6'17"/km
33.	33	00:01:13	00:52:36	139m	8'45"/km
34.	32	00:01:15	00:53:51	177m	7'04"/km
35.	31	00:01:30	00:55:21	221m	6'47"/km
36.	64	00:00:54	00:56:15	164m	5'29"/km

37. 999 00:00:11 00:56:26 63m 2'55"/km

