

Regionale Hamont 20.11.2022 hamok

Willem BAKELANTS

Omega

Omloop : H:Be Arrows

Afstand : 6530m

Tijd : 0:55:39 (8'31"/km)

7/12

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|---------------------|---------|
| 1. Evert LEEUWS | 0:44:52 |
| 2. Benjamin ANCIAUX | 0:44:57 |
| 3. Liam THIELS | 0:45:08 |

1.	60	00:02:21		86m	27'20"/km
2.	65	00:00:27	00:02:48	90m	5'00"/km
3.	59	00:00:42	00:03:30	183m	3'50"/km
4.	58	00:00:48	00:04:18	155m	5'10"/km
5.	57	00:00:30	00:04:48	103m	4'51"/km
6.	56	00:00:54	00:05:42	201m	4'29"/km
7.	55	00:02:36	00:08:18	185m	14'03"/km
8.	54	00:00:52	00:09:10	150m	5'47"/km
9.	67	00:01:28	00:10:38	278m	5'17"/km
10.	51	00:00:42	00:11:20	150m	4'40"/km
11.	52	00:00:35	00:11:55	113m	5'10"/km
12.	62	00:03:09	00:15:04	258m	12'13"/km
13.	63	00:00:34	00:15:38	95m	5'58"/km
14.	53	00:01:26	00:17:04	287m	5'00"/km
15.	67	00:00:42	00:17:46	126m	5'33"/km
16.	61	00:01:11	00:18:57	226m	5'14"/km
17.	50	00:08:28	00:27:25	210m	40'19"/km
18.	49	00:00:37	00:28:02	131m	4'42"/km
19.	48	00:00:48	00:28:50	158m	5'04"/km
20.	46	00:04:14	00:33:04		
21.	45	00:00:37	00:33:41	147m	4'12"/km
22.	44	00:00:38	00:34:19	142m	4'28"/km
23.	43	00:00:57	00:35:16	169m	5'37"/km
24.	42	00:06:06	00:41:22	404m	15'06"/km
25.	41	00:00:46	00:42:08	93m	8'15"/km
26.	40	00:00:45	00:42:53	149m	5'02"/km
27.	39	00:00:38	00:43:31	137m	4'37"/km
28.	38	00:01:03	00:44:34	223m	4'43"/km
29.	37	00:00:46	00:45:20	166m	4'37"/km
30.	36	00:04:09	00:49:29	239m	17'22"/km
31.	35	00:00:53	00:50:22	118m	7'29"/km
32.	34	00:01:04	00:51:26	215m	4'58"/km
33.	33	00:00:45	00:52:11	139m	5'24"/km
34.	32	00:00:59	00:53:10	177m	5'33"/km
35.	31	00:01:20	00:54:30	221m	6'02"/km
36.	64	00:00:57	00:55:27	164m	5'48"/km

37. 999 00:00:12 00:55:39 63m 3'10"/km

