

Regionale Hamont 20.11.2022 hamok

Benjamin ANCIAUX

Be Arrows

Omloop : H:Be Arrows

Afstand : 6530m

Tijd : 0:44:57 (6'53"/km)

2/12

O.K.

[Volledige uitslagen op Webres](#)

1. Evert LEEUWS

0:44:52

3. Liam THIELS

0:45:08

1.	60	00:01:54		86m	22'06"/km
2.	65	00:00:25	00:02:19	90m	4'38"/km
3.	59	00:00:46	00:03:05	183m	4'11"/km
4.	81	00:00:35	00:03:40		
5.	58	00:00:19	00:03:59		
6.	57	00:00:30	00:04:29	103m	4'51"/km
7.	56	00:00:55	00:05:24	201m	4'34"/km
8.	55	00:02:20	00:07:44	185m	12'37"/km
9.	54	00:00:49	00:08:33	150m	5'27"/km
10.	67	00:01:38	00:10:11	278m	5'53"/km
11.	51	00:00:40	00:10:51	150m	4'27"/km
12.	52	00:00:37	00:11:28	113m	5'27"/km
13.	62	00:03:08	00:14:36	258m	12'09"/km
14.	63	00:00:35	00:15:11	95m	6'08"/km
15.	53	00:01:28	00:16:39	287m	5'07"/km
16.	67	00:00:38	00:17:17	126m	5'02"/km
17.	61	00:01:11	00:18:28	226m	5'14"/km
18.	50	00:03:12	00:21:40	210m	15'14"/km
19.	49	00:00:44	00:22:24	131m	5'36"/km
20.	48	00:00:53	00:23:17	158m	5'35"/km
21.	46	00:03:27	00:26:44		
22.	45	00:00:38	00:27:22	147m	4'19"/km
23.	44	00:00:41	00:28:03	142m	4'49"/km
24.	43	00:00:59	00:29:02	169m	5'49"/km
25.	42	00:03:28	00:32:30	404m	8'35"/km
26.	41	00:00:48	00:33:18	93m	8'36"/km
27.	40	00:00:45	00:34:03	149m	5'02"/km
28.	39	00:00:38	00:34:41	137m	4'37"/km
29.	38	00:01:04	00:35:45	223m	4'47"/km
30.	37	00:00:47	00:36:32	166m	4'43"/km
31.	36	00:02:22	00:38:54	239m	9'54"/km
32.	35	00:00:45	00:39:39	118m	6'21"/km
33.	34	00:01:05	00:40:44	215m	5'02"/km
34.	33	00:00:45	00:41:29	139m	5'24"/km
35.	32	00:00:57	00:42:26	177m	5'22"/km
36.	31	00:01:23	00:43:49	221m	6'16"/km

37.	64	00:00:54	00:44:43	164m	5'29"/km
38.	999	00:00:14	00:44:57	63m	3'42"/km

