

Regionale Hamont 20.11.2022 hamok

Alexander MAES

hamok

Omloop : H:05

Afstand : 3420m

Tijd : 1:16:00 (22'13"/km)

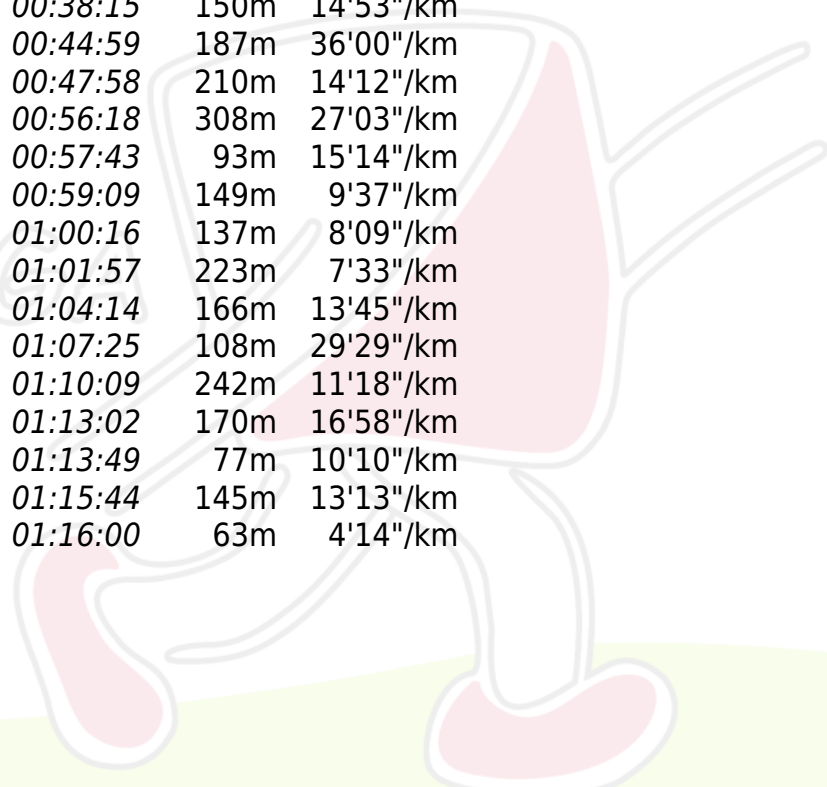
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O.K.

[Volledige uitslagen op Webres](#)

- | | |
|-------------------|---------|
| 1. Rogier VANAKEN | 0:41:04 |
| 2. Ferdy NIJST | 0:46:58 |
| 3. Jos HOUBEN | 0:48:25 |

1.	66	00:00:42		103m	6'48"/km
2.	78	00:01:14	00:01:56	153m	8'04"/km
3.	59	00:02:01	00:03:57	132m	15'17"/km
4.	58	00:01:48	00:05:45	155m	11'37"/km
5.	74	00:02:44	00:08:29	164m	16'40"/km
6.	76	00:24:32	00:33:01	178m	137'50"/km
7.	67	00:03:00	00:36:01	199m	15'05"/km
8.	51	00:02:14	00:38:15	150m	14'53"/km
9.	61	00:06:44	00:44:59	187m	36'00"/km
10.	50	00:02:59	00:47:58	210m	14'12"/km
11.	42	00:08:20	00:56:18	308m	27'03"/km
12.	41	00:01:25	00:57:43	93m	15'14"/km
13.	40	00:01:26	00:59:09	149m	9'37"/km
14.	39	00:01:07	01:00:16	137m	8'09"/km
15.	38	00:01:41	01:01:57	223m	7'33"/km
16.	37	00:02:17	01:04:14	166m	13'45"/km
17.	63	00:03:11	01:07:25	108m	29'29"/km
18.	35	00:02:44	01:10:09	242m	11'18"/km
19.	86	00:02:53	01:13:02	170m	16'58"/km
20.	34	00:00:47	01:13:49	77m	10'10"/km
21.	64	00:01:55	01:15:44	145m	13'13"/km
22.	999	00:00:16	01:16:00	63m	4'14"/km



Orienteering Software