

Regionale Hamont 20.11.2022 hamok

François JACOBS

Omega

Omloop : H:03

Afstand : 5310m

Tijd : 0:47:52 (9'01"/km)

3/22

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|----------------|---------|
| 1. Serge BAERT | 0:43:11 |
| 2. Guy TIREZ | 0:46:02 |

1.	65	00:00:43		107m	6'42"/km
2.	59	00:01:07	00:01:50	183m	6'06"/km
3.	73	00:01:58	00:03:48	213m	9'14"/km
4.	74	00:00:56	00:04:44	123m	7'35"/km
5.	56	00:01:23	00:06:07	144m	9'36"/km
6.	55	00:01:42	00:07:49	185m	9'11"/km
7.	54	00:01:46	00:09:35	150m	11'47"/km
8.	51	00:03:20	00:12:55	386m	8'38"/km
9.	52	00:01:11	00:14:06	113m	10'28"/km
10.	62	00:02:08	00:16:14	258m	8'16"/km
11.	63	00:01:01	00:17:15	95m	10'42"/km
12.	53	00:03:56	00:21:11	287m	13'42"/km
13.	67	00:00:55	00:22:06	126m	7'17"/km
14.	61	00:02:06	00:24:12	226m	9'18"/km
15.	50	00:01:16	00:25:28	210m	6'02"/km
16.	49	00:01:03	00:26:31	131m	8'01"/km
17.	48	00:01:26	00:27:57	158m	9'04"/km
18.	42	00:02:27	00:30:24	324m	7'34"/km
19.	41	00:00:45	00:31:09	93m	8'04"/km
20.	40	00:01:14	00:32:23	149m	8'17"/km
21.	39	00:01:38	00:34:01	137m	11'55"/km
22.	38	00:02:31	00:36:32	223m	11'17"/km
23.	37	00:01:17	00:37:49	166m	7'44"/km
24.	36	00:01:36	00:39:25	239m	6'42"/km
25.	35	00:01:01	00:40:26	118m	8'37"/km
26.	34	00:01:46	00:42:12	215m	8'13"/km
27.	75	00:01:15	00:43:27	142m	8'48"/km
28.	32	00:01:02	00:44:29	106m	9'45"/km
29.	31	00:02:01	00:46:30	221m	9'08"/km
30.	64	00:01:08	00:47:38	164m	6'55"/km
31.	999	00:00:14	00:47:52	63m	3'42"/km