

Regionale Hamont 20.11.2022 hamok

Ivan BATCHEV

KOVZ

Course : H:02

Distance : 6840m

Time : 1:09:35 (10'10"/km)

7/15

O.K.

[Full result on Webres](#)

1. Noël NIJSTEN	0:54:10
2. Olivier DE SMUL	0:55:34
3. Kim JANSEN	0:58:13

1.	66	00:00:54		103m	8'44"/km
2.	59	00:01:40	00:02:34	243m	6'52"/km
3.	73	00:01:57	00:04:31	213m	9'09"/km
4.	74	00:01:03	00:05:34	123m	8'32"/km
5.	56	00:02:16	00:07:50	144m	15'44"/km
6.	68	00:02:11	00:10:01	178m	12'16"/km
7.	69	00:01:09	00:11:10	91m	12'38"/km
8.	55	00:02:35	00:13:45	209m	12'22"/km
9.	54	00:03:08	00:16:53	150m	20'53"/km
10.	51	00:04:09	00:21:02	386m	10'45"/km
11.	52	00:01:15	00:22:17	113m	11'04"/km
12.	62	00:01:49	00:24:06	258m	7'02"/km
13.	63	00:01:11	00:25:17	95m	12'27"/km
14.	76	00:02:41	00:27:58	264m	10'10"/km
15.	67	00:02:52	00:30:50	199m	14'24"/km
16.	61	00:02:11	00:33:01	226m	9'40"/km
17.	50	00:01:33	00:34:34	210m	7'23"/km
18.	49	00:01:20	00:35:54	131m	10'11"/km
19.	48	00:01:43	00:37:37	158m	10'52"/km
20.	43	00:05:34	00:43:11	398m	13'59"/km
21.	44	00:02:00	00:45:11	169m	11'50"/km
22.	45	00:01:09	00:46:20	142m	8'06"/km
23.	46	00:01:18	00:47:38	147m	8'51"/km
24.	42	00:03:45	00:51:23	427m	8'47"/km
25.	40	00:02:00	00:53:23	218m	9'10"/km
26.	39	00:01:11	00:54:34	137m	8'38"/km
27.	38	00:01:54	00:56:28	223m	8'31"/km
28.	37	00:01:28	00:57:56	166m	8'50"/km
29.	36	00:02:06	01:00:02	239m	8'47"/km
30.	35	00:01:14	01:01:16	118m	10'27"/km
31.	34	00:01:45	01:03:01	215m	8'08"/km
32.	75	00:01:20	01:04:21	142m	9'23"/km
33.	32	00:01:09	01:05:30	106m	10'51"/km
34.	31	00:02:26	01:07:56	221m	11'01"/km
35.	64	00:01:23	01:09:19	164m	8'26"/km
36.	999	00:00:16	01:09:35	63m	4'14"/km