

Regionale
Hamont 20.11.2022
hamok

Winston FRANSSEN

TROL

Omloop : H:01

Afstand : 8430m

Tijd : 1:06:08 (7'51"/km)

3/10

O.K.

[Volledige uitslagen op Webres](#)

1. Jan OEYEN	0:55:59
2. Nico CEUNEN	1:01:42

1.	60	00:01:07	86m	12'59"/km
2.	59	00:01:29 00:02:36	272m	5'27"/km
3.	58	00:01:17 00:03:53	155m	8'17"/km
4.	57	00:00:40 00:04:33	103m	6'28"/km
5.	56	00:01:23 00:05:56	201m	6'53"/km
6.	68	00:01:30 00:07:26	178m	8'26"/km
7.	69	00:00:59 00:08:25	91m	10'48"/km
8.	55	00:01:50 00:10:15	209m	8'46"/km
9.	54	00:01:16 00:11:31	150m	8'27"/km
10.	51	00:04:13 00:15:44	386m	10'55"/km
11.	52	00:01:15 00:16:59	113m	11'04"/km
12.	62	00:01:34 00:18:33	258m	6'04"/km
13.	63	00:00:46 00:19:19	95m	8'04"/km
14.	35	00:01:40 00:20:59	242m	6'53"/km
15.	31	00:00:54 00:21:53	156m	5'46"/km
16.	76	00:02:41 00:24:34	347m	7'44"/km
17.	61	00:03:06 00:27:40	426m	7'17"/km
18.	50	00:01:06 00:28:46	210m	5'14"/km
19.	49	00:00:58 00:29:44	131m	7'23"/km
20.	48	00:01:09 00:30:53	158m	7'17"/km
21.	43	00:03:00 00:33:53	398m	7'32"/km
22.	44	00:01:23 00:35:16	169m	8'11"/km
23.	45	00:01:03 00:36:19	142m	7'24"/km
24.	46	00:00:53 00:37:12	147m	6'01"/km
25.	42	00:05:02 00:42:14	427m	11'47"/km
26.	41	00:00:57 00:43:11	93m	10'13"/km
27.	39	00:02:27 00:45:38	286m	8'34"/km
28.	38	00:01:42 00:47:20	223m	7'37"/km
29.	70	00:03:30 00:50:50	477m	7'20"/km
30.	71	00:00:44 00:51:34	112m	6'33"/km
31.	72	00:02:29 00:54:03	251m	9'54"/km
32.	37	00:03:33 00:57:36	437m	8'07"/km
33.	36	00:01:26 00:59:02	239m	6'00"/km
34.	34	00:02:11 01:01:13	295m	7'24"/km
35.	33	00:01:13 01:02:26	139m	8'45"/km
36.	32	00:01:21 01:03:47	177m	7'38"/km

37.	64	00:02:03	01:05:50	306m	6'42"/km
38.	999	00:00:18	01:06:08	63m	4'46"/km

