Regionale
Hamont 20.11.2022
hamok

Lotte TIESTERS
Be Arrows
Omloop : D:Be Arrows
Afstand : 6530m

--/5 niet geklasseerd

Volledige uitslagen op Webres

1.	Ems DE SMUL	0:57:28
2.	Tille DE SMUL	0:58:51
3.	Hannah THIELS	1:00:13

1.	60	00:02:10		86m	25'12"/km
2.	65	00:00:32	*00:02:42*	90m	5'56"/km
3.	59	00:00:54	*00:03:36*	183m	4'55"/km
4.	81	00:00:45	*00:04:21*		
5.	57	00:00:59	*00:05:20*		
6.	56	00:01:12	*00:06:32*	201m	5'58"/km
7.	55	00:02:59	*00:09:31*	185m	16'08"/km
8.	54	00:01:15	*00:10:46*	150m	8'20"/km
9.	67	00:02:02	*00:12:48*	278m	7'19"/km
10.	51	00:01:11	*00:13:59*	150m	7'53"/km
11.	52	00:00:53	*00:14:52*	113m	7'49"/km
12.	62	00:02:47	*00:17:39*	258m	10'47"/km
13.	63	00:00:43	*00:18:22*	95m	7'33"/km
14.	53	00:02:16	*00:20:38*	287m	7'54"/km
15.	67	00:00:54	*00:21:32*	126m	7'09"/km
16.	61	00:01:32	*00:23:04*	226m	6'47"/km
17.	50	00:04:03	*00:27:07*	210m	19'17"/km
18.	49	00:00:47	*00:27:54*	131m	5'59"/km
19.	48	00:01:04	*00:28:58*	158m	6'45"/km
20.	42	00:13:24	*00:42:22*	324m	41'21"/km
21.	41	00:00:49	*00:43:11*	93m	8'47"/km
22.	40	00:00:56	*00:44:07*	149m	6'16"/km
23.	39	00:00:52	*00:44:59*	137m	6'20"/km
24.	38	00:01:29	*00:46:28*	223m	6'39"/km
25.	37	00:01:01	*00:47:29*	166m	6'07"/km
26.	36	00:04:48	*00:52:17*	239m	20'05"/km
27.	35	00:00:51	*00:53:08*	118m	7'12"/km
28.	34	00:01:25	*00:54:33*	215m	6'35"/km
29.	33	00:01:02	*00:55:35*	139m	7'26"/km
30.	32	00:01:16	*00:56:51*	177m	7'09"/km
31.	31	00:01:37	*00:58:28*	221m	7'19"/km
32.	64	00:01:12	*00:59:40*	164m	7'19"/km
33.	999	00:00:13	*00:59:53*	63m	3'26"/km

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