hamok

Regionale
Hamont 20.11.2022
hamok

Hannah THIELS
Be Arrows
Omloop : D:Be Arrows
Afstand : 6530m
Tijd : 1:00:13 (9'13"/km)

3/5 O.K.

Volledige uitslagen op Webres

1. Ems DE SMUL 0:57:28
2. Tille DE SMUL 0:58:51

1.	60	00:02:08		86m	24'48"/km
2.	65	00:00:28	*00:02:36*	90m	5'11"/km
3.	59	00:00:52	*00:03:28*	183m	4'44"/km
4.	58	00:01:03	*00:04:31*	155m	6'46"/km
5.	57	00:00:35	*00:05:06*	103m	5'40"/km
6.	56	00:01:13	*00:06:19*	201m	6'03"/km
7.	55	00:02:47	*00:09:06*	185m	15'03"/km
8.	54	00:01:19	*00:10:25*	150m	8'47"/km
9.	67	00:02:01	*00:12:26*	278m	7'15"/km
10.	51	00:01:01	*00:13:27*	150m	6'47"/km
11.	52	00:00:47	*00:14:14*	113m	6'56"/km
12.	62	00:03:33	*00:17:47*	258m	13'46"/km
13.	63	00:00:44	*00:18:31*	95m	7'43"/km
14.	53	00:02:12	*00:20:43*	287m	7'40"/km
15.	67	00:00:54	*00:21:37*	126m	7'09"/km
16.	61	00:01:42	*00:23:19*	226m	7'31"/km
17.	50	00:03:48	*00:27:07*	210m	18'06"/km
18.	49	00:00:47	*00:27:54*	131m	5'59"/km
19.	48	00:01:00	*00:28:54*	158m	6'20"/km
20.	46	00:04:35	*00:33:29*		
21.	45	00:00:50	*00:34:19*	147m	5'40"/km
22.	44	00:00:53	*00:35:12*	142m	6'13"/km
23.	43	00:01:31	*00:36:43*	169m	8'58"/km
24.	42	00:05:43	*00:42:26*	404m	14'09"/km
25.	41	00:00:51	*00:43:17*	93m	9'08"/km
26.	40	00:00:58	*00:44:15*	149m	6'29"/km
27.	39	00:00:51	*00:45:06*	137m	6'12"/km
28.	38	00:01:29	*00:46:35*	223m	6'39"/km
29.	37	00:01:01	*00:47:36*	166m	6'07"/km
30.	36	00:04:35	*00:52:11*	239m	19'11"/km
31.	35	00:00:53	*00:53:04*	118m	7'29"/km
32.	34	00:01:24	*00:54:28*	215m	6'31"/km
33.	33	00:01:05	*00:55:33*	139m	7'48"/km
34.	32	00:01:18	*00:56:51*	177m	7'21"/km
35.	31	00:01:52	*00:58:43*	221m	8'27"/km
36.	64	00:01:11	*00:59:54*	164m	7'13"/km

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37. 999 00:00:19 *01:00:13* 63m 5'02"/km

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